# Jinja Bungee jumping/Nile White Water Rafting Day Tour

Have a full-day **Bungee jumping experience** on the Nile River or the **Nile white water rafting experience** with grade 5 rapids on the River Nile!

#### Overview

With a variety of different adrenaline-filled activities to choose from, **Jinja** stands out as the ultimate *adventure Capital of Uganda*. It offers breathtaking, thrilling, fun-filled experiences such as **bungee jumping**, **White water rafting** in grade 5 rapids on the River Nile, and **zip lining** at Griffin falls en route to Jinja, among other fun-filled activities.

#### Departure point and time

Pick-up from your hotel within Entebbe/center of Kampala at 7:30 am.

#### Activities

Visit the Sezibwa falls, nature walks in Mabira forest, Jinja city tour/drive, boat ride on Lake Victoria, rafting.

#### **Duration:** Flexible

#### What to Expect

Get wet! Get wild! Get rafting! In a fun-filled, thrilling experience, you probably have no idea how much fun you are about to have! Considered one of the finest one-day white water rafting trips in the world, no safari to Uganda would be complete without genuinely experiencing the Nile from its source, especially for an adventurous traveler. You, too, can conquer this wild and untamed river with experienced pioneers of rafting on the Nile.

#### Itinerary

You will be picked up from your lodge/hotel in Kampala by a shuttle at 7:30 am after breakfast. An early morning drive on Jinja highway will lead you to the first stop at the Historical Sezibwa waterfalls, approximately 32 kilometers east of Kampala city in Mukono District. After that, you will drive through the Mabira forest en route to Jinja.

On arrival in Jinja, you will have a short tour of the city depending on time before heading to meet up with an experienced bungee jumping or water rafting guide for a briefing before heading out to experience the wild waters of the River Nile. After rafting, you will have your lunch and a soft drink, and at the end of it all, you will return to your lodge by shuttle, which should be back in Kampala at about 7:00 pm, depending on the road traffic.

## What is included in this trip?

Shuttle transport, snacks on the river, drinking water on the river, buffet with a cold beer and soda at the end of the day, rafting equipment

## What do we suggest you bring?

Light clothing for rafting, shorts, suntan lotion, cap, towel, and clothes to change in after rafting, money for any optional extras

## What is not recommended on the river?

Shoes on the raft, watches and jewelry, any other valuables, and eyeglasses (unless you can do without them), we do not advise taking your camera/phone.

# Other activities that you can do in Jinja or nearby include:

• Quad biking, Bungee jumping, Horse riding, and Zip lining

## Inclusions

- English Speaking driver/guide plus transportation.
- Activities.
- Bottled water, lunch, and a soft drink.
- Pick up and drop off from Hotel in Entebbe/Kampala.

## Exclusions

- Tips.
- Drinks